

MENTAL HEALTH RESOURCES

Dear Neighbors,

Our office receives regular inquiries about where to find essential resources. To help constituents, we've developed the following list of Mental Health resources in New Jersey's Third Congressional District and beyond. This list includes organizations with a wide variety of services, from family counseling to crisis interventions. We're always looking for more organizations to add; if there are other organizations you would recommend to help our neighbors, please contact our office.

Sincerely,



TOMS RIVER: (732)-504-0490

WILLINGBORO: (856)-703-2700

WASHINGTON DC: (202)-225-4765

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CONGRESSMAN
**ANDY
KIM**
NJ-03 

MENTAL HEALTH RESOURCES

Ocean County Resources:

- **Preferred Behavioral Health**

- Substance Use Services, Mental Health Services
- 700 Airport Road, Lakewood, NJ 08701
- <https://www.preferredbehavioral.org/services/substance-use-services/>
- (732) 367-4700, x.7186

- **Healy Counseling Associates**

- Gambling, Anger Management, Adolescent Services
- 1310 Hooper Ave, Suite 1, Toms River, NJ, 08753
- <https://www.healycounseling.com/>
- (732) 797-0400

- **The Counseling Center at Toms River, NJ**

- Mental Health and Behavioral Health Services
- 1198 Lakewood Rd, Toms River, NJ, 08753
- <https://tomsrivercounselingcenter.com>
- (732) 736-6559

- **Barnabas Behavioral Health**

- Mental Health and Behavioral Health Services
- 1691 U.S. Highway 9 CN 2025, Toms River, NJ 08754
- <https://www.rwjbh.org/our-locations/behavioral-health-center/barnabas-health-behavioral-health-center/Catholic>
- (732) 914-1688

- **Ocean Mental Health Services**

- Crisis, Outpatient, and Substance Abuse Services
- 160 Atlantic City Blvd. Bayville, NJ 08721
- <https://oceanmhs.org/substance-abuse-services/>
- (732) 575-1111

- **Daytop Village of New Jersey Inc. (Ocean Outpatient)**

- Outpatient Services, Halfway House
- 399 Main Street, Manahawkin, NJ 08050
- <https://daytopnj.org/>
- (732) 875-1090

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Ocean County Resources continued:

- **St. Francis Counseling Services**
 - Counseling for families, adults, and children, available in English and Spanish
 - 4700 Long Beach Blvd., Long Beach Twp., NJ 08008
 - <http://stfranciscenterlbi.org/counseling>
 - (609) 494-1554

Burlington County Resources:

- **Alpha Child and Family Center**
 - Counseling for individuals, couples, children, and families
 - The Presidential Center, 101 Route 130 South, Suite 560 - Jefferson Building
 - <http://alphachildandfamily.com/>
 - (856) 499-0434
- **Legacy Treatment Center**
 - Extensive Mental Health Services
 - 1289 Route 38 West Suite 203, Hainesport, NJ 08036
 - <https://www.legacytreatment.org/>
 - (609) 267-5656
- **Jewish Family and Children's Service**
 - Mental Health and Addiction Services, Counseling for children, adults, and families
 - 1301 Springdale Rd #150, Cherry Hill, NJ 08003
 - www.jfcssnj.org
 - (856) 424-1333
- **The Lester A. Drenk Behavioral Health Center**
 - Extensive Mental Health Services, Addiction treatment, Out-of Home Care for children and adolescents, Residential Housing for children with mental health issues
 - 2730, 1289 NJ-38 #203, Hainesport, NJ 08036
 - <https://njmentalhealthcares.communityos.org/zf/profile/agency/id/90804>
 - (609) 267-5656

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New Jersey Statewide Resources:

- **Catholic Charities**
 - Mental Health and Addiction Services
 - 25 Ikea Drive, Westampton NJ 08060
 - <https://www.catholiccharitiestrenton.org/locations/burlington-county/>
 - (609) 267-9339
- **NJ Psychiatric Association**
 - Find a Psychiatrist Resource
 - <https://www.njpsychiatry.org/>
 - (908) 588-3540
- **NJ Psychological Association**
 - Find a Psychologist Resource
 - <https://www.psychologynj.org/>
 - (973) 243-9800
- **Mental Health Association in New Jersey (MHANJ)**
 - Mental Health and Substance Abuse Resources
 - 25 South Shore Drive, Toms River, NJ 08753
 - www.mhanj.org
 - (973) 571-4100
- **NJ Mental Health Cares**
 - Behavioral Health Information and Referral Service
 - www.njmentalhealthcares.org
 - (866)-202-4357
- **Therapist Network**
 - (800) 843-727

MENTAL HEALTH RESOURCES

Federal Resources:

- **National Alliance on Mental Illness**

- <https://www.nami.org/Home>
- Help Line: 1(800)-950-6264

- **U.S. Department of Health**

- The Substance Abuse and Mental Health Services Administration (SAMHSA) Mental Health Services Locator can help you find support by calling 1-800-789-2647 or online at <https://findtreatment.samhsa.gov/locator> external icon. Additional Resources:
- www.mentalhealth.samhsa.gov
- (800) 789-2647

- **National Institute of Mental Health**

- www.nimh.nih.org
- (301) 443-4513

- **Mental Health America**

- <https://www.mhanational.org/>
- (703) 684-7722

- **Depression & Bipolar Alliance**

- <https://www.dbsalliance.org/>
- (800) 826-3632