

MENTAL HEALTH RESOURCES

UPDATED 09/22/2023

Dear Neighbors,

To help constituents, we've developed the following list of mental health resources in New Jersey's 3rd Congressional District and beyond.

This list includes organizations with a wide variety of services, from family counseling to crisis interventions. We're always looking for more organizations to add; if there are other organizations you would recommend to help our neighbors, please contact our office

Sincerely,



FREEHOLD: (732) 504-0490

HAMILTON: (609) 438-6290

WILLINGBORO: (856)-703-2700

WASHINGTON DC: (202)-225-4765

MENTAL HEALTH RESOURCES

Burlington County Resources:

- **Alpha Child and Family Center**

- Counseling for individuals, couples, children, and families.
- 525 Route 73 North – Suite 104, Marlton, NJ 08053
- www.alphachildandfamily.com
- (856) 499-0434

- **Catholic Charities**

- Mental health and addiction services.
- 383 West Stole St., Trenton, NJ 08607
- www.catholiccharitiestrenton.org/locations/burlington-county/
- 1-800-360-7711

- **Legacy Treatment Center**

- Extensive mental health services.
- Main Office: 1289 Route 38 W Suite 203, Hainesport, NJ 08036
- www.legacytreatment.org
- (609) 267-5656

- **Jewish Family and Children's Service**

- Mental health and addiction services, counseling for children, adults, and families.
- 1301 Springdale Road, Suite 150, Cherry Hill, NJ 08003
- www.jfcssnj.org
- (856) 424-1333

- **Oaks Integrated Care**

- Mental health, addiction, and developmental disability services.
- 770 Woodlane Rd, Mount Holly, NJ 08060
- www.oaksintcare.org
- Administration: (609) 267-5928
- Access Center: 1 (800) 963-3377

- **Rutgers Health University Behavioral Health Care Program**

- Comprehensive mental health services for Burlington, Camden, Gloucester, Mercer, Middlesex, and Essex Counties.
- 57 Haddonfield Road, Suite 120 Cherry Hill, NJ 08002 (closest location)
- (856) 566-6200 (closest location)
- 1-800-969-5300 for all services
- ubhc.rutgers.edu

MENTAL HEALTH RESOURCES

Burlington County Resources (*Continued*):

- **Virtua Short-Term Care Facilities**

- Short-term stabilization of mental illness symptoms for adults who have been committed by SCIP.
- 218 A Sunset Rd., Willingboro, NJ 08046
- (609) 835-2900

- **National Alliance on Mental Illness (NAMI)**

- Education, Family Support Groups, Advocacy.
- 16 East Main Street, Suite 5, Moorestown, NJ 08057
- namiburlingtonnj.org/
- (856) 222-9400

- **Hampton Behavioral Health Hospital**

- Voluntary/involuntary inpatient care for adults, adolescents, and those with co-occurring disorders.
- 650 Rancocas Rd, Westampton, NJ 08060
- www.hamptonhospital.com
- (609) 267-7000 or 1-800-603-6767

- **Buttonwood Behavioral Health Hospital**

- Voluntary/involuntary inpatient care for adults, adolescents, and those with co-occurring disorders.
- 600 Pemberton Browns Mills Rd, Pemberton, NJ
- www.buttonwoodbhh.com
- (609) 836-6100

- **Virtua Memorial Hospital**

- Voluntary/involuntary inpatient care for adults, adolescents, and those with co-occurring disorders.
- 175 Madison Ave., Mount Holly, NJ 08060
- (609) 914-6000

- **PACT (Programs of Assertive Community Treatment)**

- Case management, medication management, individual psychotherapy.
- 5 Terri Lane, Burlington, NJ 08016
- (609) 386-4737

- **Penn Medicine Princeton House Behavioral Health**

- Dual diagnosis disorder treatment, group therapy and psychotropic medication.
- Inpatient: 905 Herrontown Road, Princeton, NJ 08540 Outpatient: 351 New Albany Road, Moorestown NJ
- <https://www.princetonhcs.org/care-services/princeton-house-behavioral-health>
- (856) 779-2300 or (888) 437-1610

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Burlington County Resources (Continued):

- **South Jersey Family Medical Center, Inc.**
 - Behavioral health services and medical services.
 - 651 High Street, Burlington, NJ 08016
 - www.sjfmc.org
 - (609) 386-0775
- **STABLE Community Services (SCS)**
 - Education, family Support Groups, and advocacy.
 - 513 High Street, Burlington, NJ 08016
 - (609) 386-0650
- **Family Support Organization (FSO) of Burlington County**
 - Direct peer support and resource information to families with children with mental health concerns.
 - 1632 Route 38 East, Lumberton, NJ 08048
 - www.fsoburlco.org
 - (609) 265-8838
- **Legacy Treatment Services**
 - Voluntary/involuntary inpatient care for adults, adolescents, and those with co-occurring disorders.
 - 1 East Stow Road Marlton, New Jersey 08053
 - www.legacytreatment.org
 - (800) 433-7365
- **Genesis Counseling Centers**
 - Therapeutic counseling for recovery from addictions and for mental health concerns.
 - 2003C Lincoln Drive West Marlton, NJ 08053
 - <https://www.genesiscenters.org>
 - (856) 858-9314
- **Virtua Health**
 - CASTLE PROGRAM for children and adolescents. Inpatient Programs, Primary Care, Support for Postpartum Depression, Electroconvulsive Therapy, Many Locations throughout South Jersey.
 - www.virtua.org/services/behavioral-and-mental-health
 - (888) VIRTUA-3

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Mercer County Resources:

- **Capital Health – Emergency Mental Health Services**
 - 24/7 Assistance. Provides rapid, thorough assessments and interventions to stabilize a mental health emergency; directs clients toward appropriate mental health solutions.
 - 750 Brunswick Avenue, Trenton, NJ 08638
 - www.capitalhealth.org/medical-services/emergency-mental-health-services
 - (609) 396-HELP (4357)
- **Catholic Charities Behavioral Health Services**
 - Provides free mental health screenings, assistance, and referrals.
 - Building B Suites 504-505, 1225 Whitehorse Mercerville Rd, Hamilton Township, NJ 08619
 - (800) 360-7711
- **Mercer County Division of Mental Health**
 - Primary governmental agency responsible for planning, administration, and coordination of services.
 - 640 S. Broad Street, P.O. Box 8068, Trenton, NJ 08650-0068
 - www.mercercounty.org/departments/human-services/division-of-mental-health
 - (609) 989-6574
- **National Alliance of Mental Health – Mercer County**
 - Provides information on treatment options, educational programs, and local support groups and services.
 - 1235 Whitehorse-Mercerville Rd., Bldg. C, Ste. 303, Hamilton, NJ 08619
 - namimercer.org/find-support/our-helpline/
 - (609) 799-8994
- **Partial Hospitalization Program (PHP) – Mercer County**
 - Comprehensive list of addiction support, and inpatient services.
 - www.mercerresourcenet.org/health-services/out-of-home-services1/partial-hospitalization-program-php/
- **Social/Educational/Residential/Vocational (SERV) Centers of New Jersey**
 - Comprehensive list of addiction support, and inpatient services.
 - 407 W State St, Trenton, NJ 08618
 - servbhs.org
 - 1-800-987-SERV (7378)
- **Mercer County Family Support Organization**
 - Support and Educations Groups and workshops for families, Warmline 9-5 Weekdays.
 - IBIS Office Plaza Suites, 3535 Quakerbridge Road, Suite 400, Hamilton, NJ 08619
 - mercerfso.org/
 - (609) 586-1200

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Monmouth County Resources:

- **Division of Behavioral Health (Mental Health and Addiction Services) – Monmouth County**
 - Serves as a liaison to mental health agencies between local, county and state agencies
 - Hosts The Prevention Coalition of Monmouth County (PCMC), a program focused on reducing drug abuse.
 - 3000 Kozloski Rd, Freehold, NJ 07728
 - www.visitmonmouth.com/Page.aspx?Id=5009 or www.stigmafree-monmouth.org/
 - (732) 431-6451
- **Monmouth Resource Net: Mental health Services**
 - Ultra-comprehensive list of available programs for all mental health needs
 - www.monmouthresourcenet.org/health-services/behavioral-mental-health/
- **Mental Health Association of Monmouth County**
 - Promote mental health as a critical component of overall wellness, including prevention services for all, early identification, intervention for those at risk, integrated care, and treatment for those who need it with recovery as the goal.
 - 106 Apple Street, Suite 110, Tinton Falls, NJ 07724
 - mentalhealthmonmouth.org/our-mission/
 - (732) 542-6422
- **Monmouth County 2022-23 Children & Youth Behavioral Health Resource Guide**
 - Comprehensive list of resources for mental and behavioral issues in youth.
 - 3000 Kozloski Rd, Freehold, NJ 07728
 - www.co.monmouth.nj.us/documents/41/Child-Behavioral-Health-Reference-Guide_2022-23_Web_Email.pdf
 - (732) 431-6451
- **Mental Health Community Resources -- Monmouth County**
 - Provides a variety of resources specifically catered toward youth and families.
 - msn.howell.k12.nj.us/PDFs/Mental%20Health%20Community%20Resources.pdf
- **YMCA – Counseling and Social Services – Monmouth County**
 - Mental, behavioral, and substance abuse counseling, and outpatient programs.
 - Traumatic loss counseling
 - www.ymcanj.org/locations/counseling-social-services/
 - Multiple locations

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Monmouth County Resources (*Continued*):

- **Unity Place of Monmouth County**
 - Provides therapy and specialty group services as well as treatment programs for mental health care and substance abuse
 - 1075 Stephenson Ave., Suite C Oceanport, NJ 07757
 - <https://unityplacemc.com/>
 - (848) 208-2636
- **Monmouth County 2022-23 Behavioral Health Resource Guide**
 - Provides a comprehensive list of mental health and substance abuse resources that are available to those in Monmouth County
 - 3000 Kozloski Rd, Freehold, NJ 07728
 - www.monmouthresourcenet.org/monmouth-acts/behavioral-health-hub/mental-health-services-in-monmouth-county/
 - (732) 431-6451
- **CPC Integrated Health**
 - Supports individuals, families, and the community in achieving whole health through an integrated system of care designed to promote well-being, recovery, and productive lives
 - 10 Industrial Way East, Suite 108 Eatontown, NJ 07724
 - www.cpcintegratedhealth.org
 - (732)-935-2220

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New Jersey Statewide Resources:

- **NJ Psychiatric Association**
 - Find a psychiatrist resource
 - 208 Lenox Ave #198, Westfield, NJ 07090
 - www.njpsychiatry.org/
 - (908) 588-3540
- **NJ Psychological Association**
 - Find a psychologist resource
 - <https://psychologynj.org/search/custom.asp?id=6757>
 - (973) 243-9800
- **Mental Health Association in New Jersey (MHANJ)**
 - Mental health and substance abuse resources
 - 673 Morris Ave Suite 100, Springfield, NJ 07081
 - www.mhanj.org
 - Facebook: www.facebook.com/MentalHealthAssociationinNewJerseyInc/
 - Twitter: [@MHANJ1](https://twitter.com/MHANJ1)
 - (973) 571-4100
- **NJ Connect for Recovery**
 - Help for those with family members who have substance abuse disorders
 - www.njconnectforrecovery.org
 - Facebook: www.facebook.com/njconnectforrecovery
 - Instagram: [@njconnectforrecovery](https://www.instagram.com/njconnectforrecovery)
 - (855) 652-3737
- **NJ Mental Health Cares**
 - Behavioral health information and referral service
 - www.njmentalhealthcares.org
 - (866)-202-4357
- **SOBA New Jersey**
 - Outpatient care, detox programs, mental health treatment
 - www.sobanewjersey.com/
 - Facebook: www.facebook.com/SOBANewJersey/
 - 888-229-7989
- **MyWellbeing**
 - Provides a comprehensive list with descriptions of low cost or free mental health resources in NJ

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New Jersey Statewide Resources (*Continued*):

- **Directory of Mental Health Service**
 - Provides a comprehensive list of mental health services and resources available across New Jersey
 - 5 Commerce Way, P.O. Box 362 Trenton, NJ 08625
 - www.nj.gov/humanservices/dmhas/home/hotlines/MH_Dir_COMPLETE.pdf
 - (800) 382-6717
- **National Alliance on Mental Illness (NAMI)**
 - Provides a comprehensive list of mental health resources for children and parents
 - 1562 Route 130 North Brunswick, NJ 08902
 - naminj.org/where-to-get-help/children-resources/
 - (732) 940-0991
- **PerformCare**
 - Help for those with family members who have substance abuse disorders
 - 300 Horizon Drive Suite 306, Robbinsville, NJ 08691-1919
 - www.performcarenj.org/index.aspx
 - (877) 652-7624
- **Catholic Charities**
 - Variety of services including inpatient and outpatient care
 - 25 Ikea Drive, Westhampton, NJ 08060
 - www.catholiccharitiestrenton.org/locations/burlington-county/
 - (609)267-9339
- **Legacy Treatment Center**
 - Variety of services including inpatient and outpatient care
 - 1289 Route 38 West, Suite 203, Hainesport, NJ 08036
 - www.legacytreatment.org/locations/main-office/
 - (609) 267-5656
- **Jewish Family and Children's Service**
 - Variety of services including inpatient and outpatient care
 - 1301 Springdale Road, Suite 150, Cherry Hill, NJ 08003
 - jfcssnj.org/
 - (856) 424-1333

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Federal Resources

- **National Alliance on Mental Illness**

- www.nami.org/Home
- Facebook: www.facebook.com/NAMI
- Instagram: [@namiconnunicate](https://www.instagram.com/namiconnunicate)
- Twitter: [@NAMICommunicate](https://twitter.com/NAMICommunicate)
- Help Line: 1 (800) 950-6264
- Main Office: (703) 524-7600

- **National Institute of Mental Health**

- www.nimh.nih.gov
- Facebook: www.facebook.com/nimhgov
- Instagram: [@nimhgov](https://www.instagram.com/nimhgov)
- Twitter: [@NIMHgov](https://twitter.com/NIMHgov)
- nimhinfo@nih.gov
- 866-615-6464

- **Mental Health America**

- www.mhanational.org
- Facebook: www.facebook.com/mentalhealthamerica
- Instagram: [@mentalhealthamerica](https://www.instagram.com/mentalhealthamerica)
- Twitter: [@MentalHealthAm](https://twitter.com/MentalHealthAm)
- 800-969-6642

- **Depression & Bipolar Alliance**

- www.dbsalliance.org/
- Facebook: www.facebook.com/DBSAlliance
- Instagram: [@dbsalliance](https://www.instagram.com/dbsalliance)
- Twitter: [@DBSAlliance](https://twitter.com/DBSAlliance)
- 1 (800) 826-3632

- **Substance Abuse & Mental Health Services Administration**

- findtreatment.gov or findtreatment.samhsa.gov
- Facebook: www.facebook.com/samhsagov
- Instagram: [@samhsagov](https://www.instagram.com/samhsagov)
- Twitter: [@samhsagov](https://twitter.com/samhsagov)
- National Help Line: 1 (800) 662-4357
- National Suicide Prevention Lifeline: 988 or 1 (800) 273-8255